

A Community Dance for Healing~
Transformation, Social Justice & Social change

Proposal by Daria Halprin from Tamalpa Institute

Planetary Dance– A call for peace and social transformation

In large group dances, something exceptional often occurs. When enough people move together with a common pulse and a common purpose, a profound force can take over. People stop moving as individuals and begin to move as if they were parts of a larger body, a group spirit. Indigenous cultures have always evoked this power that dance and community spirit have to offer, a power that can renew, inspire, teach, and heal. That same tradition and belief underlies the Planetary Dance, whose purpose is to awaken people to the need for peace and move them to take concrete actions as a community.

At the heart of the Planetary Dance is the Earth Run, a simple dance that everybody can do. Participants are invited to create an intention connected to an issue, a person, a " theme" that matters to them. Intentions are then voiced within the dance. All participants then enter the space by running or walking in a series of concentric circles, creating a moving mandala. An inner circle of musicians, the dance leader and those unable to run, maintains the center of the dance. As we all move to the steady heartbeat of the drums, we become one collective body. Each step upon the Earth becomes a prayer for peace and social transformation. The dance ends with a ritualized group sharing and poetic offering to the larger world.

Facilitated by Daria Halprin and inviting community members and musicians to participate as contributors to the ceremony– as it is a tradition in this dance– the proposal is to offer Planetary Dance as part of the conference opening or closing ceremony bringing the community of all ages and abilities together to dance for "what matters" in our lives, in our communities and in the world. The Dance/ Ritual takes 45-60 minutes to introduce, teach to participants and perform.

About Planetary Dance. Created by Dance Pioneer Anna Halprin, The Planetary Dance is being enacted every year in more than 30 countries by Tamalpa practitioners. [WATCH VIDEO](#)